

ON THE COVER: The illustration above, by the well-known St. Louis Newspaper Artist Vic Vac, first appeared on the cover of the June 1983 issue of the Gendarme to celebrate the 15th anniversary of the SLPOA. It also appeared on other occasions to highlight other significant accomplishments- the goal was always to work towards Collective Bargaining.

### From the President

### **By Tom Walsh**

Since the inception of this Association it has been the goal to achieve a collective bargaining agreement. Through the hard work of many the goal has been reached; a Collective Bargaining Agreement (CBA) with binding arbitration and impasse resolution has been inked.

Labor Chairman John DeSpain was tasked with the challenge of organizing and directing the Labor Committee and did an outstanding job. Along with John, Committee

members Kevin Ahlbrand, Latricia Allen, Tom Majda, Tom Mayer, Joe Steiger and Heather Taylor dedicated an enormous amount of time to prepare a bargaining contract from which negotiations could begin. Tom Mayer accepted the role as lead negotiator and did a fantastic job presenting the SLPOA's positions during the negotiations.

It is also important to note that Heather Taylor, Tom Majda, John DeSpain, Latricia Allen and Kevin Ahlbrand performed their duties even

though they were not going to benefit from the CBA. As Sergeants (and after Latricia was promoted to the rank of Lieutenant) they unselfishly gave their time for the benefit of all Patrol Officers and Probationary Patrol Officers. That in itself is a testimony to the leadership abilities of these five individuals. I can only hope that this association is given the opportunity to repay these individuals and achieve a collective bargaining agreement for Sergeants.

Every one of us on the Labor Committee agrees that without the expertise of Labor Attorney Sally Barker the CBA would never have been reached. Her expertise in the field of Labor Law and contract negotiations were invaluable

and her ingenuity to resolve complicated issues that are not typically found in most bargaining contracts because of our line of work was skillful. Ann Stolte, Sally's paralegal, was tasked with the chore of taking meticulous notes during the negotiations, research and review of this intricate document and did an exemplary job.

SLPOA Attorney Neil Bruntrager's twenty-five years' worth of experiences with discipline issues pertaining to this department served invaluable, as well. The Labor Committee and Sally Barker relied heavily on Neil, especially when it came time to negotiate the Discipline and Investigative Rights articles of the CBA.

**SLPOA Public Relations** Continued on page 3



(I-r) Joe Steiger, John DeSpain, Tom Walsh, Latricia Allen, Heather Taylor, Tom Majda, and Tom Mayer



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"The objective of the Saint Louis Police Officers' Association shall be to advance the moral social and material standing of the members of the Association by honorable and lawful neans. As a labor organization the Association shall endeavor to achieve Collective Bargain ing with Binding Arbitration." (Preamble of the Association's Constitution and By-Laws)

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### PRESIDENT

Continued from page 2

consultant Pete Snyder played an important role, as well. Pete was able to accomplish what many of us have not in the past. Because of Pete, a line of communication was opened between the Ethical Society of Police (ESOP) and the SLPOA and hopefully communication will continue to grow.

SLPOA Business Manager Jeff Roorda's experience with collective bargaining and his ability to communicate to the members about the bargaining process was a calming influence

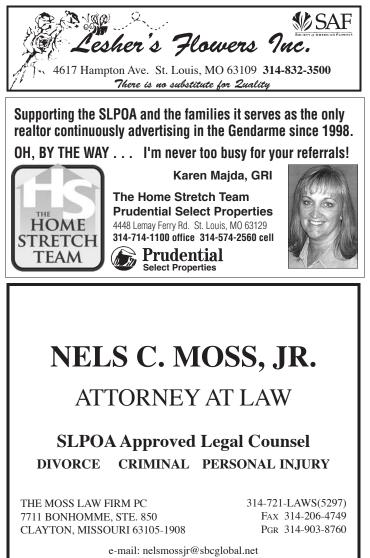
The final accomplishment to achieve the CBA occurred at the hands of Neil Bruntrager, Sally Barker and Jeff Roorda. Through intense discussions with a delegation of representatives for Mayor Slay and the City concerning Local Control issues, the CBA was brought to the forefront, which led to the Board of Police Commissioners (BoPC) approving the CBA.

I would be remiss if I did not mention the BoPC's negotiating team led by Colonel Tim Reagan. Col. Regan, from the day the first bargaining session began, made it clear that he was only interested in obtaining a CBA that was fair to both sides. Negotiations were, at times, intense but always amicable and always with the thought of what was in the best interest for the Patrol Officers and Probationary Patrol Officers; not just for the Police Department.

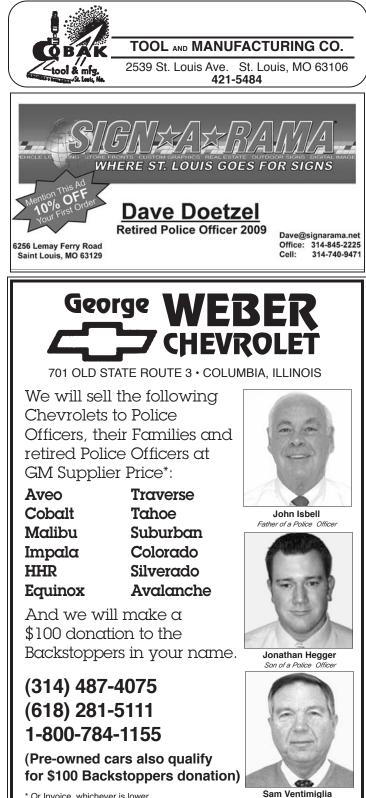
I want to thank Colonel Reagan and his team, Captain Sam Dotson, Lieutenant Mike Muxo, Lieutenant Sheila Pearson, Akella Wicker, Steve Wigginton and Andy Martone for their honesty and professionalism during the negotiations.

All Patrol Officers and Probationary Patrol Officers are the beneficiaries of the CBA that was ratified by a vote of their peers, with 95% of the vote in favor of the Agreement. We all owe a debt of thanks to the individuals named here for bringing us to this historic point.

Still the SLPOA is not stopping here. This Executive Board will forge forward to continue to represent all members of the SLPOA and those who have since retired This administration will continue to seek a CBA for Sergeants and then the Lieutenants and Captains. And, this administration will continue to seek security for all by way of Legislation.



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\* Or Invoice, whichever is lower

### Veteran's Corner By George Ratermann, SLPVA President

St. Louis Police Veterans' Association— Web: www.slpva.com Email: mail@slpva.com Monthly Meetings: 2nd Wednesday of the Month – 11:30 a.m., SLPOA Hall

### THE SPRING COOK OUT

The Spring Cook Out at Willmore Park on May 11th was a great success. 130 retirees and guests attended. Among our guests was Colonel Jerry Lee, former St. Louis County Police Superintendent and current member of the Board of Police Commissioners.

While everyone was having a good time at the Cook Out, enjoying burgers, brats, and cold beverages behind all the smoke, Chef Dan Riley and his assistant chefs, Frank Stubits, George Weindel, and Dan Rechtein were working over the hot BBQ grill. And John McCrary wetted our whistles by taking charge of the beverages and ice, buying, transporting and setting up the beverages. Thanks Dan, Frank, George, Dan, and John - without your hard work there would be no Cook Out!!!

#### OUTCOME OF PENSION AND SLMPD LEGISLATION

May 15 ended this year's regular session of the legislature without passage of any pension legislation or making any changes to the state control of the Department. But even without passage of any City Control legislation, the SLPOA has gained recognition as the bargaining agent for police officers from the Police Board and reached agreement with the Board on a Collective Bargaining Agreement. The next acts in this long playing scenario are being planned now but probably won't take center stage until 2012.

Will the SLPOA and the City attempt another City Control bill in Jefferson City? Will there be out-state opposition and blockage? Will the initiative petition sponsors be seeking signers to put a City Control measure on the November ballot? Will actions of the legislature affect the promotion of the initiative or vice-versa? Will the SLPOA and City support of City Control make it more difficult to defeat the initiative if it is on the ballot in November 2012? Stay tuned for the answers as they develop over the next year or so.



And be ready to get involved by sending letters, going to Jefferson City, working behind the scenes or at a polling place. Why? Because our future may be at stake.

#### **SLPVA LOSES 3 MEMBERS**

The SLPVA lost three members in May, Donald Strate, William Daues and Louis Rizutti.

Don Strate's service to his fellow officers extends over his entire police and retiree lifetime. Don was an active member of the SLPOA, assisted in its founding, served as Editor of the "Gendarme" and was President of the SLPOA. Don also represented active officers on the Police Retirement System as an elected trustee. In retirement Don worked to promote the SLPVA and served as its President. Don resigned as President of the SLPVA when he was elected to represent retirees on the Police Pension System as one of two retiree trustees. Just a few months ago Don was recognized for his life work and voted by his fellow SLPVA members to be an Honorary Member of the SLPVA. I've had the privilege to work with Don in ETU, at the "Gendarme" and the SLPOA. and here in the SLPVA. Don was a friend, a worker and a leader. After Don succumbed to his illness, it was good to see many of his fellow officers pay tribute to him at the visitation and to offer condolences to Mary and the family. Rest in

Peace, Don.

#### SLPVA HAS NEW SECRETARY

Robert Jacob has served as the SLPVA Secretary for as long as I can remember. Bob stepped down as Secretary after the April meeting. The remaining officers, Frank Stubits, Ed Vaclavik, Joe Brasser and I, wish to thank Bob for all the years of putting together the minutes of our meetings, keeping our nonprofit paperwork filed with the state, and all the other tasks of the SLPVA Secretary. Bob got a round of applause for the work he has done for the SLPVA at the Cook Out when his resignation was announced. Starting with the August meeting, Chris Zarbo will be taking the minutes and will be the new Secretary of the SLPVA.

### UPCOMING SLPVA MEETINGS

Our next regular meeting will be 11:30AM, June 8th, at the SLPOA Hall. The Will Guy, Jim Chapman, will be back at the July 13th meeting. If you'd like his help in preparing a will, there will be a sign-up sheet at the door when you enter the Hall.

### IN MEMORIAM

William Daues	05/06/11
Donald Strate	05/09/11
Lawrence King	05/12/11
Louis Rizutti	05/20/11
Curry Lee Duke	05/28/11

### FADE OUT

The following officers retired:

Richard J. Trevor Chris T. Pappas Appointed Effective 12/06/79 4/11/11 06/18/79 6/06/11

The Gendarme takes this opportunity to wish the offiers named above the very best in the future, and may the wind be always at your back.

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### Legislative Committee Report

By Joe Steiger, Vice President, Legislative Chairman

The legislative session has come to an end with no version of a local control bill passing through the state legislature. We started the session on our normal path, fighting against local control. Things changed near the end of the session when billionaire Rex Singuefield pledged funds to get the local control issue on the state ballot. We were approached by the City contingency and asked to sit down to discuss a compromise. We were put in a position where we felt supporting a version of local control that would protect our membership would be the most responsible thing to do. As much as many of our members dislike the idea of local control of the police department, the looming ballot initiative will repeal Chapter 84 of the Missouri State Statutes. In November of 2012, we would be left with no legal protection from city politicians. This would leave not only our members, but also the civilian and rank personnel of the Police Department in a very difficult and potentially financially burdensome position.

We decided to try to control how the transfer of the department would happen so we could put protections in place, in state statute, for our pensions and benefits as well as for the basic structure of our



police department. Senator Jim Lembke, Republican from District 1 and Senator Maria Chappelle-Nadal, Democrat from District 14, were instrumental in enforcing the compromise and the language of the bill. Had it not been for their filibuster, the City would not have been forced to negotiate with the SLPOA. The bill was held up in the final stages of the session and we are again stuck in a difficult position to protect our members, but we were able to obtain our first goal, a collective bargaining agreement.

We have been able to finalize a collective bargaining agreement for patrol officers and probationary patrol officers. The contract was ratified by the Board of Police Commissioners and later ratified by our membership with 95% of voting members approving the contract. On May 31, 2011, the contract was signed by SLPOA President Walsh and Board of Police Commissioner President Colonel Grey. The contract is now official. This is something that our association has been trying to accomplish for forty-three years. It will provide the needed protection for our membership and it is long

overdue. SLPOA is dedicated to working for a collective bargaining agreement for Sergeants and this will be an immediate priority. But, with the November 2012 ballot initiative in play, we still need a second layer of protection which we will only find in the form of state statute in the compromise language to the local control bill.

The Governor has not yet called a special session for the legislature. If he does, we will hopefully be able to get our version of local control into the special session. If a special session is not called, it will be imperative for us to try and move our version of a local control bill forward as soon as possible next session. I would encourage everyone to take the time to read Chapter 84 in the Missouri State Statutes. You can access the chapter from the State's website. Take the time to read all of the benefits that will be potentially lost if the ballot initiative is successful and this Chapter is repealed. Hopefully, you will see the importance of protecting those benefits through the compromise language of the pending local control bill.

There are options, you know

### lf you like,

drink and walk... drink and stay home...

drink and sleep over...

drink and ride...

but don't drink and drive!

We all know drinking and driving is insanity, yet the slaughter continues — are we really getting the message?

### From the Business Manager

By Jeff Roorda

### Where Do We Go From Here?

As the dust settles and the smoke clears from some pretty hectic months for the Association, I'm sure everyone is now asking: *"What happens next?"* 

The historic collective bargaining agreement ratified by our members with a stunning 95% voting in favor, is a gigantic step for the Association. But, it is only one step on a long journey. This organization was founded on the premise of obtaining a collective bargaining agreement so it would seem like ratification is the end of a 43-year journey not the first-step.

The fact is, we now have formal power as an organization and what we do with that will decide what's next for us. For years, the Association had only the informal sort of power that comes from banning together for a common cause. We haven't always been able to make that loose bond work in our favor. We, as an Association, have long envied labor unions that have far more influence on their benefits, working conditions and political standing. Now we are on the brink of exercising the same level of influence.

A bargaining agreement has no mystical, magical properties...the work has only begun. First and foremost, we must all stand-up for the rights that we negotiated in this contract. There will be times that management will encroach on those rights. We expect members to bring that to the attention of the Association and you can count on the Association to stand-up and fight for your rights. There will also be issues that we just didn't predict when the agreement was negotiated that will require that we go back to the table with management to resolve. We'll be counting on you to bring those issues to our attention.

Above all else, if we are to be able to capitalize on our newly found influence, we have to flex some political muscle. The labor unions that successfully draw attention to the issues that affect their members are the ones who utilize their power thru numbers and that comes with organizing together. We have something else going for us: politicians want those members in uniform on their side. Why? Because even on the days that you feel like everybody you've dealt with that day hates the cops, the larger community knows that you are heroes and that what you're doing is important to their community.

So we have a unique opportunity. We have a formally recognized labor union; we have power in numbers; and, believe it or not, we have high standing in the community. It's time that we amp up our efforts with politicians and voters alike. We've had a fair degree of success influencing the State Legislature but there are plenty of issues that affect us everywhere from City Hall to the US Congress. We need to redouble our efforts with politicians at every level and we need to make certain that we remember who our friends have been at election time.

The days of a handful of members carrying all of the weight of our political efforts have to be a thing of the past. Otherwise, it's just power without influence. We've come too far to settle for that.

### **ATTENTION ASSOCIATION MEMBERS**

### PLEASE NOTIFY THE ASSOCIATION OF ANY CHANGE IN ADDRESS

When making address changes you must make them at the SLPOA office 353-3200, the Pension Board 241-0800 and the Police Relief and Funeral Association 771-0923. **The Department does not send the changes to any of the above mentioned offices.** 

### **BENEFICIARIES**

If you have not changed your beneficiary since joining the Association (and you have been a member for several years) you might need to update your records. Many of you joined when you first came on the department and since then your status may have changed.

When you change beneficiaries at the department we *do not* receive that information. You must notify the Association directly. Call the office at 353-3200 to check if you are not sure who your beneficiary is.

### **ASSOCIATION SHIRTS**

We have Sweatshirts, Polo Shirts (long and short sleeve) and T-shirts, they are available at the Association Office.

### GENERAL MEMBERSHIP MEETING

The General Membership meetings are held on the **last Wednesday** of the month. Please make every effort to attend and ask your own questions about what is going on in the Association. Many issues are being discussed; the Association's Executive Board needs and wants your input.

#### **MONTHLY DRAWING**

You must be present to win. One name will be drawn from the barrel containing the names of those present at the meeting. The winner receives a prize of \$50.00.

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## GENERAL MEMBERSHIP MONTHLY DRAWING

Every month fifty dollars (\$50.00) will be awarded to one member attending the General Membership Meeting.

### The General Membership Meeting IS ALWAYS THE LAST <u>WEDNESDAY OF THE MONTH</u>

# NEXT GENERAL MEMBERSHIP MEETING WEDNESDAY JUNE 29, 2011

SLPOA Hall, 3710 Hampton Ave. 7:00 p.m.





On Wednesday July 20, 2011, from 2 p.m. to 7 p.m. at the St. Louis Police Officers' Association Hall at 3710 Hampton, the St. Louis Officials Association will be holding their annual Blood Drive in honor of Bob Granda who passed away from leukemia in 2009.

To set up a time to donate go to www.redcrossblood.com. Click on the link that says "enter a sponsor code" and enter the code "Granda". Or you may call retired officer Don Meyer at 314-471-7653. St. Louis Officials would like to thank the St. Louis Police Officers Association for their generosity is allowing us the use of the hall.



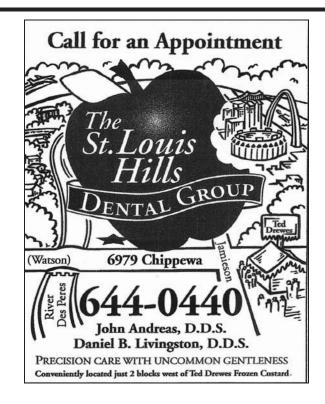
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### - IN PERSPECTIVE -

# **St. Louis Police Officers' Association**

#### By Pat Heisner, Editor

It was in September of 1968, that the Board of Police Commissioners suspended two detectives and reprimanded four others in connection with a fight with two leaders of a militant group. The Board acted without holding a hearing and later rescinded its own action. As a result of the Board's actions the St. Louis Police Officers' Association was subsequently founded in October of that year.

The five founding police officers were then suspended for forming an association within the Police Department. The officers were Patrolman James Fitzgerald of Mobile Reserve, president of the newly-formed St. Louis Police Officers' Association: Patrolmen Robert Nichols and Glen Lodl of the Special Operative Deployment division, vice president and secretary/treasurer, respectively; Patrolman Rodney Tatum of the Union-Page district, financial secretary; and Patrolman Ronald Roach of the Penrose District, recording secretary. They were charged with violating the police manual rule forbidding them from joining or forming an association without permission of the Board.

When those five officers, organizers of the association, were suspended more than 600 policemen took their appeal to the public asking for citizen support of their organization. The outcome was that the Association was formally incorporated by the State of Missouri in September 1969.

#### **Political Power**

Because politics played such a crucial role in the welfare of police officers, the SLPOA formed a Political



On May 31, 2011, St. Louis Officers' Association President Tom Walsh (center) signs Collective Bargaining Bill. Witnessing the signing from Left – Right; Mayor Francis G. Slay and Colonel Richard Gray, President Board of Police Commissioners. (Back Row L-R) Jeff Roorda, SLPOA Business Manager, Vice President Joe Steiger, Lieutenant Latricia Allen, and Officer Tom Majda.

Action Committee in 1977 and endorsed political candidates for the first time in its history.

But there was a catch- for years the political rights for police officers were limited solely to voting. So, in 1974 the SLPOA objected to the Board policy of barring officers from participating in party politics. The Association alleged that, "Although the intent of this rule is obviously to prevent police officers from becoming aligned with politicians, the lanquage was so broad and could possibly be applied to prevent lobbying efforts on behalf of police officers, or to prevent officers from expressing their personal opinions with regard to candidates."

Two years later the Police Manual was changed so offi-

cers could campaign—but as individuals only, not as policemen, and not on police time and not in uniform.

The Association's first major foray in this area was when they supported a slate of local candidates, including Vince Schoemehl for mayor in 1980. Some Association members handed out literature door to door, erected yard signs and passed out bumper stickers. Twelve years later they successfully opposed Schoemehl when he ran for governor, throwing their support to Mel Carnahan.

#### **Collective Bargaining**

Although collective bargaining had remained a SLPOA priority, it had eluded the Association for more than 43 years. *Collective bargaining was a*  <u>must</u> – it nails down an agreement that all parties must abide by.

On Tuesday, May 31, 2011 our goal was achieved- the City of St. Louis and the St. Louis Police Officers' Association signed the historic Collective Bargaining Bill. Among those attending the signing were; SLPOA President Tom Walsh and Vice President Joe Steiger, City of St. Louis Mayor, Francis G. Slay, Colonel Richard Gray, President Board of Police Commissioners and Colonels Jerry Lee, Bettye Battle-Turner and Tom Irwin.

### The SLPOA has changed since that first meeting nearly 43 years ago at Tower Grove Park.

It has gone from a social, to a radical, to a labor organization which works within the system today for the betterment of all members. Gone by the wayside are the days of a strike threat, blue flu, and ticket slow down.

The years have made the Association members a more political savvy group in general.

### The Association Today

The St. Louis Police Officers' Association is still, and will always be, dedicated to improving the working conditions of all its members and to bettering the lives of police officers and their families.



(I-r) Joe Steiger, John DeSpain, Tom Walsh, Latricia Allen, Heather Taylor, Tom Majda, and Tom Mayer



# 24th Annual Missouri Law Enforcement Memorial Service

### By Kevin Ahlbrand President FOP State Lodge

On May 7, 2011, the annual Missouri Law Enforcement Memorial service was held at the memorial site on the grounds of the state capitol in Jefferson City.

The previous evening, Eva Miller of the St. Louis Metropolitan Police Department sang at the Annual Candlelight vigil.

The Presentation of Colors by the St. Louis Metropolitan Police Department preceded the National Anthem, sung by Eva Miller. Following the Pledge of Allegiance Brother John Fava, Chaplain of the St. Louis Metropolitan Police Department gave the invocation. The service began with Governor Jay Nixon's opening remarks paying tribute to the police officers, families and friends of the fallen officers. He said this is a time where we all come together for a common purpose – to honor those who have given their lives in service to their community, and to pay our respects to their families.

Attorney General Chris Koster was the guest speaker and the events concluded with Brother John Fava, giving the benediction.

As I welcomed the family and friends of the Officers that we had come to pay tribute and honor to I hoped that maybe, next year we wouldn't have to add <u>any</u> names to the wall.







ARTZELL CHARLES R SMITH JEREMY E C

# National Police Memorial - 2011





### **Chaplain's Corner**

By Chaplain John Fava

### **Missouri Candlelight Vigil and Memorial**

I recently had the opportunity to participate in two memorable events, actually it was four events. The first weekend in May, I went to the State of Missouri Candlelight Vigil and Memorial Service in Jefferson City. The next weekend I went to Washington, D.C. for the National Candlelight Vigil and Memorial Service.

In Jefferson City I had the honor of being asked to give the invocation and benediction at both services. And I do consider it an honor to offer prayers for those brave men and women who have died in the line of duty. Every part of the Memorial Service is solemn: the SLMPD Honor Guard, the National Anthem (this year sung by SLMPD Detective Eva Miller); the comments made by Governor Jay Nixon, Attorney General Chris Koster, and Kevin Ahlbrand; the presentation of the wreaths by police departments throughout the State; the roll call of the officers recently added to the memorial wall followed by the roll call of officers from years past whose names are on the wall. It is very moving to see the individual families come forward and place a flower in the wreath and watch as the officers who accompany the family give a salute in honor of the fallen officer. There was the riderless horse, the 21 gun salute, the playing of "Taps," and the bagpipers playing 'Amazing Grace.

There were many sad faces in Jefferson City that morning, people who are still mourning the loss of a loved one, but the support that families, friends, and fellow officers give to one another is admirable. Praying at the ceremony is my small contribution to this solemn occasion.

#### Police Memorial - Washington, D.C.

One week later I traveled with 10 SLMPD officers to Washington, D.C. (We also met up with a few more SLMPD officers in Washington that weekend.) It was impressive to see officers from all across the country: some wearing uniforms, some wearing department Tshirts or jackets, some without any identification at all; but I knew that everyone there was united in a common goal: to pay tribute to a fallen hero, a person who had given of himself or herself while serving and protecting others. The Memorial Plaza was jammed on Friday night with thousands of people, and it was difficult to see the service, but everyone there wanted to honor the fallen officers.

On Saturday morning I returned to the plaza by myself. Taped to or placed near the wall, were countless cards, letters, and mementos from officers, family members, and friends. The plaza was quiet that gray, rainy morning; and only a few people were there. As I walked through the plaza, I recalled the names of several SLMPD Officers and Denver Police Officers (I was chaplain with the Denver Police Department from 1988-2001.) whose names are on the wall. The plaza is a solemn and holy place which made it easy to pray, and I asked God to grant these officers eternal rest and peace.

The Memorial Service on the grounds of the Capitol was very impressive. Thousands of officers in full uniform from all across the country again gathered to remember fallen comrades. What impressed me most were the cluster of officers from individual states that came to attention and saluted as the names of the deceased officers from their particular state were read. I watched with pride as the officers from Missouri saluted their fellow officers, and I was honored to be part of this gathering.

The weekend in Washington, D.C. was a great experience for me and one that I will remember and treasure forever.

As always please know that all the chaplains pray for you every day. May God Bless You.

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### FOP Update



#### By Kevin Ahlbrand, President Mo. FOP Lodge

On Sunday, May 22, Joplin, Missouri was victim to the single most destructive tornado this country has witnessed in the last 50 years. As of this writing, 146 persons died with a reported 10 still missing. Over 6,000 buildings were destroyed.

The Oklahoma State FOP had just outfitted their disaster response trailer and it was on site by Monday afternoon. I and several other Missouri FOP members joined them on Tuesday night. Although we were classified as "unofficial" responders, the on-scene commanders quickly put us to work. As there was no plan yet in place to provide the police responders with hot food, we began cooking and serving breakfast, lunch and dinner to the law enforcement personnel. We typically served about 150 people at each setting. On Wednesday, we were asked to serve 24 hours a day and we began serving the night watch also. I would like extend many thanks to retired Sgt. Pat Rice who joined us in Joplin. We were also staffed with members from FOP lodges 3 (St. Joseph) and 50 (KC area). We supplied meals from Monday evening to breakfast the following Sunday.

We owe a huge debt to the Oklahoma FOP, who responded without being asked. I would also like to thank the Missouri State Troopers Association and the Missouri Police Chief's Association who made donations to help defray the cost. The Oklahoma and Missouri FOP bore the majority of the expense.

I believe we need just such a response trailer here in Missouri and we have already started the process. Once we get it outfitted, we will compile a list of volunteers who would be willing to respond

On Friday, the Louisiana FOP responded with a trailer full of supplies for the affected residents. The Kansas City FOP Lodge also brought supplies and gift cards for the affected officers.

Perhaps the most important duty I had to attend to was gauging the number of local officers who were directly impacted by the tornado. Riverside Police Officer Jeff Taylor was struck by lightening on Monday afternoon while working the scene. Unfortunately, Officer Taylor, who had undergone skin graft surgery and was being treated for other complications, has since died of his injuries. Although Jeff was the only officer directly injured, numerous others lost family or loved ones. We identified 10 Joplin and Jasper County officers who completely lost their homes and all of their belongings.

I sent out a request to all FOPs across the country asking for assistance. Just 1 week later, we already have received approximately \$40,000 in donations. 100% of that money will go directly to the officers. I have also submitted forms for the officers to the National FOP's Disaster Assistance Fund.

Please keep Jeff Taylor and all of the Joplin residents in your thoughts and prayers.



### And God created....Peace Officers

As God was creating peace officers, he was into His sixth day of overtime when an angel appeared and said "You sure are spending a lot of time working on this one".

God said

Have you read the specifications on this order? A peace officer has to be able to run through dark alleys in pursuit of the most violent and dangerous threats to society. They must be able to enter and function in homes a health inspector wouldn't touch and not wrinkle his uniform.

He has to be able to sit in an undercover vehicle all day on a stakeout, cover a homicide scene that night, canvass the neighborhood for witnesses, and testify in court the next day.

They have to learn to love bad coffee and half eaten meals. While eating their meals in the allotted time, they must somehow find the inner strength to be kind to citizens who interrupt their meals because talking to the police for a few minutes somehow makes their day. On top of all that they must have six pairs of hands

The angel blinked in amazement and said "Six pairs of hands? No wav!'

"It's not the hands that are causing me problems", said the Lord. "It's the three pairs of eyes that a peace officer has to have.

That's on the standard model? Asked the angel.

The Lord nodded....

"Yes. He needs one pair that sees through a bulge in a pocket before he asks, "May I see what's in there, sir? (When he already knows, and wishes he'd taken that accounting job).

"He needs another pair of eyes in the side of his head to watch after his partner's safety. And he needs another pair in front that can look reassuringly at a bleeding victim and say, "you'll be all right ma'am when he knows it isn't so."

"Lord", said the angel, touching His sleeve, "rest and work on this tomorrow.'

"I'll be finished with him in a minute or so, "God said. "I've already endowed him with the ability to talk a 250 pound drunk into a patrol car without incident, and feed his family of five on a civil service paycheck."

The angel circled the model of the peace officer very slow-

ly. "Can he think?" she asked.

"You bet," said the lord.

"he can tell you the elements of a hundred crimes; recite Miranda warnings in his sleep; detain, investigate, search, and arrest gang members on the street in less time it takes five judges and attorneys to debate the legality of the stop--and he still manages to keep his sense of humor.

'This officer also has phenomenal personal control. He can deal with crime scenes painted in hell, coax a confession from a child abuser, comfort a murder victims family, and then read in the daily newspaper on how law enforcement isn't sensitive to the rights of criminal suspects."

Just then the angel bent over and ran her finger across the cheek of the peace officer.

"There's a leak! She pronounced. "I told you that you were trying to put too much into this model."

"That's not a leak, "God said. "It's a teardrop."

'What's the teardrop for?" asked the angel.

God sadly shrugged His shoulders. "I didn't put it there, "He said.

Author unknown Submitted by Sgt. Hines



### <u>In</u> The $\mathbf{b}\mathbf{0}$

Alauna Ray, Daughter of Homicide Detective Lon Ray, is a sophomore member of the Varsity Track and Field team for the McCluer Comets. She recently qualified for the Missouri High School State Championships in Jefferson City, Missouri and on May 28, 2011 she medaled in the High Jump competition, placing 6th overall amongst 16 athletes. She also competed in the Suburban North Conference meet on May 5, 2011 and set a new Triple Jump record of 37'6". Alauna looks forward to summer track and returning to the State Championships. She would like to thank her teammates, coaches and family for their support.

Congratulations Alauna, we are proud of you, keep up the good work!!

(Enter link to read story in STL Today



http://www.stltodav.com/spor ts/high-school/ girls-track/ article

e62749a8-7b34-11e0-951d-0019bb30f31a.html). Her other events include the 4X400 meter relay, 400 meter run and 200 meter run.

### St. Louis Police Wives

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# Police Work 101

By Sergeant William Boyd Kiphart II

To say that there are more than a few people upset with the reorganization of the labeled parking spaces at North Patrol would be a gross understatement. What makes me feel good about North Patrol, and preferring to be there over any other assignment, is the fact that the sergeants and lieutenants seem to be as aggravated with the situation, if not more so than the officers. If you are not familiar with this issue let me give you a quick rundown.

The parking lots at the area stations were just repaved. As this was completed all of the parking spaces were restriped and labeled. At North Patrol, when relabeled, the district officer's spots were pushed to the back of the lot further from the building than any other group. The District Detectives and Special Operations spots, inclusive of their sergeants, were moved nearest the building. I am sure you will agree with me that this is a rather petty topic for an article. My concern is that this seems to be just another message,

intentionally or unintentionally, sent to the line platoons that is received in a negative manner.

I accept the fact that the Commanders are going to have their parking spaces nearest the building. My question is, what were the criteria used for selecting the assignment of the parking spaces and who thought this was a good idea? The line platoon officers work twenty four hours a day, 365 days a year in the rain, sleet, snow and heat. They come and go from the station constantly with arrests, report writing and myriad of other responsibilities. Additionally, each of the patrol cars has significant equipment inclusive of a carbine. Why would you not put those cars closest to the building for security purposes and the convenience of working coppers?

Why would anyone think that a detective car, or in the case of Special Operations, a funny car or one intended to operate in a covert capacity should be parked closer to the building? If the new rules are

being followed an no one is taking their cars home any longer, those cars are going to sit unused in those spaces nearest the building a bare minimum of sixteen hours a day, five days a week and twenty four hours a day the other two days. I would think that those un-marked cars would be pushed to the back of the parking lot. If I were a Special Operations sergeant or detective and had to work out of a division station with a covert car, I would bury it in the lot with the personally owned cars as to not draw any more attention to it than was necessary. Otherwise, why not just drive a regular unmarked, but readily identifiable detective car. We do know for a fact, particularly at North Patrol, that the bad guys are actually rolling through and around our parking lot; we have caught them doing it.

If it were not for the amount of people that have discussed this matter with me, I would think perhaps it is just me. I come from a school of thought were a sergeants first responsibility was their officers. In the Army, the men were always the first to eat, get out of the rain, get a cup of coffee from the roach coach or the like. As much as that man ran us into the ground, Sergeant Stokes would not so much as take a drink of water until his men were all squared away; and thirty years later, I have never forgotten that. But I digress....

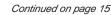
So yes; it is just a parking space. But what does that say

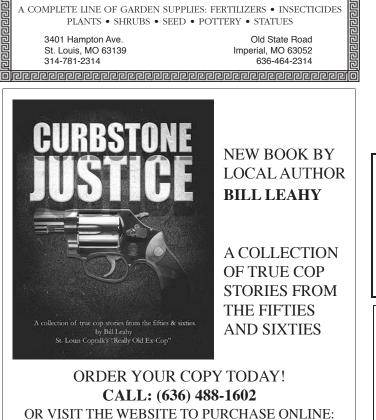


about the decision maker's view of the working police officer and his priority in the grand scheme of things. This seems to just be another message to the working police officers, the backbone of the department that they are less than a priority.

If you are a detective or in a specialized unit and get in trouble what is the first thing that happens? You get sent back to the district; right! So being a platoon line officer is a punitive? How about if you screw up you get put on the desk taking reports over the phone; I am not sure you will find a police officer that will tell you anything other than that is probably the worst assignment they can imagine. But the thought of the platoon officer's assignment as punitive is not only counter-productive to the affected officer but department wide morale.

I worked at a police department, some years ago, that very effectively operated without a chief for over two years while they searched to fill the position. In that department as with many other departments, detectives were nearly non-existent. The line officer was responsible for case follow up and investigative reports. In many agencies, you will find an evidence kit in





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### POLICE WORK 101

Continued from page 14 the trunk of every police car and each officer is responsible for processing their own scenes. Traffic reconstruction investigators are sprinkled throughout the line platoons in many agencies. Kansas City Missouri eliminated the lieutenant's position some years ago; the sergeant's answer directly to the Captain and in many agencies there is not sergeant but a senior patrol officer at a corporal. A quick look at many other departments across the country or even around the St. Louis area can find departments with S.W.A.T. teams imbedded in patrol, no laboratories, a very limited command staff, no academy, dogs, helicopters, homicide, and just about any other position you can think of; except one. There is one assignment no police department can function without; the line police officer.

As a matter of fact, while many would not like you to think about it, every position on this department, every supervisor, every specialized assignment, all of which can be done without, is in place solely to support the primary police function; the line patrol officer. To say the patrol officer in the radio car is the backbone of the department is an oversimplification. He or she IS the department with the other assignments intended to support or lessen their responsibility and scope.

There is no more dangerous position in this job, this lifestyle than the line officer. You take the highest risk, do the most work, assume the greatest liability, and endure the greatest challenges. Whether those challenges are your adversary, the weather, hours, days worked, lack of needed equipment, or eating a cold meal in a damp and dirty police car alone, they are solely yours. And, there is a silent dignity in that.

But, as you endure those challenges, as you walk past all those shiny "funny" cars and detective cars remember this: you are first in and last out on the worst call this City has to offer. You have the duty, honor and privilege of going where others, including other police officers, fear. You are the largest unit on this or any other department. You are the ones they cannot function without. When every one of those detectives or specialized units or supervisors shows up at your scene or your caper, the hard part, the dangerous part is over. You handled it, you stabilized it and you contained it.

Patrol is the elite operation on any department but especially on this one, especially here and especially now. No one else needs to know this or



accept this but you. Get your game, your attitude back. Take pride in being the real bad ass unit in this operation. Just as in the Army, you are either infantry, or you are behind us. This is not a cushion job, this is the front lines. This is what separates the boys and girls from the men and women. No fancy suits or ties here. No strolling around with your gun in a desk drawer or armor in the trunk of a car. I bet no one catches us with our spare mags on a duty belt at the bottom of a closet in a spare bedroom.

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up they will find things well in hand. They will find you in a condition they are not accustomed to though; hot, wet, tired, hungry, and marred with blood and dirt from combat. They will find you together as a squad taking care of each other even if you may not like each other; because that is what we do out here on the front lines. We get the job done and we accomplish the mission. Let them come in and mop it up when we are done; it is the least we can let them do. Patrol Leads the Way

When those others show

show





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By Colleen Rossomanno, Exercise Physiologist M.S., H.F.S, A.C.S.M.

### SO WHAT'S YOUR EXCUSE!

Today I saw an individual running with a hand injury and said to him, "Wow you are dedicated!" He replied, "I just do not want to miss a day and get off track." Now some people may call this type of reply fanatical or even obsessed. I on the other hand like to call it Driven, Motivated, and definitely Goal Oriented. This is a person that will achieve their individual weight/fitness/health goal as well as maintain it well into the future. Now I am not saying to go out and start running with a sprained ankle-but think about it-- really what is the main excuse that keeps you from achieving your health goal? It most likely is the average excuse of its raining/too cold/too hot; I have the kids, or finally NO TIME. It is not necessary to do a long and lengthy workout every time you exercise nor must you leave the house in order to achieve results. All you need to do is ask yourself one question. If I work out for 5-15 minutes hard, is that better than doing absolutely nothing that day? I am assuming that everyone will answer ABSOLUTE-LY YES!!!!!

Below are four TIME SENSITIVE DRILLS designed for the busy person that cannot leave their house to go to a gym and only has a short amount of time to get a workout in before family, work, or life in general intervenes.

TIME SENSITIVE DRILL #1: 12 Minute Cardio Buster: 1) Burpees 2) Squat Jumps 3) Mountain Climbers 4) Jogging

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### Directions: Complete sets 1-5 and then you are done! Set One:

- --Complete each exercise for 50 seconds
- --Rest 10 seconds in between each exercise

### Set Two:

- --Complete each exercise for 40 seconds
- —Rest 10 seconds between each exercise

### Set Three:

- -Complete each exercise for 30 seconds
- --Rest 10 seconds between each exercise

### Set Four:

Complete each exercise for 20 seconds (no rest) Set Five:

Complete each exercise for 10 seconds (no rest) You're done!

### Exercise Modifications:

If the above exercises are too hard, substitute the exercises below for any of the exercises that are too difficult until you are able to do them properly and safely.

1) Burpees: Instead of Jumping up, keep body parallel to the floor and simply bring knees in and out together (1/2 of the burpee). Still too difficult-bring one knee in at a time while the other is extended and then switch.

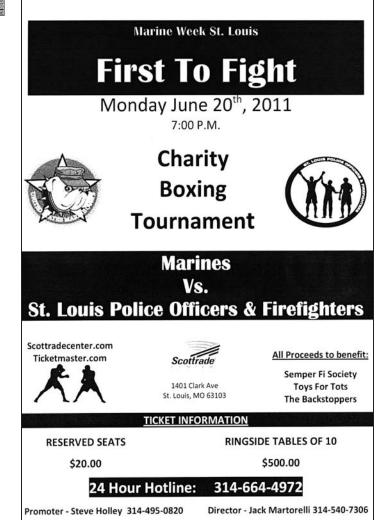
2) Squat Jumps: Keep feet on the floor and move arms in a fast motion forward and back as you raise and lower your body in a squat position.

3) Mountain Climbers: Stand upright-bend your right knee and left elbow bringing them toward your abdomen then the other side. Similar to a marching motion.

4) Jogging: Walk in place

TIME SENSITIVE DRILL #2: 2 Minute Cardio/Leg Drill: 1) 20 Quick Squats with Arm Movement

Continued on page 17



Hosted By: Lt. Col. Shane "Rhino" Tomko, Third Battalion, 24th Marines

### FITNESS Continued from page 16

- 2) 20 Forward Lunges (10 each leg)-Hands on Hips
- 3) 20 Jump Squats (Hands to the Sky)
- 4) 20 scissors (count each leg once)
- Directions: Repeat exercises 1-4 as many times as you can in 2 minutes and then you are done.

### **Exercise Modification:**

Rest when needed-remember this drill is only for 2 minutes so once your two minutes are up-you are done!

#### 5 Minute Push Up Drill TIME SENSITIVE DRILL # 3:

-Complete exercises either straight leg or modified, but at all times keep your abs in tight, head, back and behind straight.

- 1) 30 seconds Regular Push ups
- 2) 30 seconds Jumping Jacks

3) 30 seconds Incline Push ups (hands on an incline surface, feet on the floor)

- 4) 30 seconds Jumping Jacks
- 5) 30 seconds Decline Push ups (hands on the floor, feet on an incline surface)
- 6) 30 seconds Jumping Jacks
- 7) 30 seconds Walk ups (hands moving from the floor to an incline position and then back to the floor while maintaining a push up position)
- 8) 30 seconds Jumping Jacks
- 9) 10 reps Incline Push ups
- 10) 10 reps Regular Push ups
- 11) 10 Walk ups (each hand touches 10 times)
- 12) 10 Decline Push ups

\*The bottom of your stairs is a great place to do this drill.

### TIME SENSITIVE DRILL # 4:

8 Minute Ab Interval: 1) Double Leg Lifts 2) Bicycle 3) Abdominal Crunch 4) Plank Set One:

Double Leg Lift 30 seconds Rest 15 seconds

#### Set Two:

Double Leg Lift 30 seconds: Bicycle 30 seconds Rest 30 seconds

#### Set Three:

Double Leg Lift 20 seconds: Bicycle 30 seconds: Abdominal Crunch 30 seconds Rest 45 seconds

### Set Four:

Double Leg Lift 20 seconds: Bicycle 30 seconds: Abdominal Crunch 30 seconds: Plank 20 seconds Rest 60 seconds

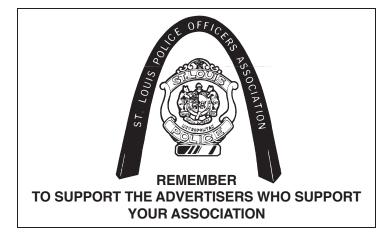
### Set Five:

Double Leg Lift: 30 seconds: Bicycle 30 seconds: Abdominal Crunch 30 seconds: Plank 30 seconds

### **Exercise Modifications:**

1) Double Leg Lifts: Instead do Single Leg Lifts

2) Bicycle: Instead do an Oblique Crunch (feet on the ground) 3) Abdominal Crunch: Do each crunch slow and controlled and just try to get more of your body off the ground each time.



4) Plank: Put your knees on the ground directly below your hips (modified plank)

On those busy, cold, rainy, hot, family, work filled days try to do one of the routines above and believe me you will be happy that you did not let a simple excuse keep you from your goal of a healthier and more fit life.

As always, be safe and consult a physician before beginning any exercise routine.

# TRIVIA NIGHT

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### **3710 HAMPTON**

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- shoulder pain
- stressed out carpal tunnel
- hormonal imbalances (male and female) not sleeping well

As a wife of an SLMPD officer I am very familiar with all these problems and more...

I look to find the underlying cause of my patient's problems through full spine films, including mathematical x-ray analysis, and biochemical nutritional analysis. With this information a personalized treatment plan is formulated, including such treatments as: Low-Force chiropractic adjustments; intersegmental traction; hydrotherapy; and nutritional protocols.

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C	A					R
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8WILL PREPARATION VETERANS MTG. POLICE WIVES MTG.	9	10 PAY DAY MCS GOLF TOURNAMENT	11 SUSAN G. KOMEN RACE FOR THE CURE
12	13 Down Syndrome Buddy Walk	14	15	16	17	18
19 Father's day	20 First to fight Boxing event	21 FIRST DAY OF SUMMER	22	23	24 Pay day	25 Pridefest Tg park
26 PRIDEFEST PARADE	27	28 PAL GOLF SCRAMBLE	29 Gen. Membership Meeting	30		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 VP PARADE FAIR ST. LOUIS 2-4
3	4 4th of July Legal Holiday	5	6	7	8 PAY DAY CELEBRATE ST. LOUIS CONCERT	9 CELEBRATE ST. LOUIS CONCERT
10	11	12	<sup>13</sup> VETERANS MTG. POLICE WIVES MTG.	14	15 Celebrate St. Louis Concert	16 CELEBRATE ST. LOUIS CONCERT POL. WIVES TRIVIA
17	18	19	20 Blood Drive	21	22 PAY DAY CELEBRATE ST. LOUIS CONCERT	23 CELEBRATE ST. LOUIS CONCERT COX GOLF TOURNY.
24 31	25	26	27 Gen. Membership Meeting	28	29	30
AUGUST						
SUNDAY	MONDAY 1 FILING DATES FOR OFFICE	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5 PAY DAY	saturday 6
7	<b>AUG. 1-5</b> 8	9	10 VETERANS MTG. POLICE WIVES MTG.	11	12	13
14	15	16	17	18	19 <b>Pay day</b>	20
21	22	23	24 GEN. MEMBERSHIP MEETING	25	26 JUVENILE DIABETES TRIVIA NIGHT	27
28	29	30	31			

It was in March of 1975, when the officers and directors of the **GENDARME**, grew disillusioned with the promoter firm which previously published the newspaper. At that time they made arrangements for the **GENDARME**, the official publication of the St. Louis Police Officers' Association, to be published locally - rather than out of the city.

 $\label{eq:association} \mbox{ Association and reporting the Association's progress.}$ 

2) Reaching those in the power structure, at both the local and state level, with the Association's story, in order to better resolve existing problems and, if possible, to preclude potential problems.3) Serving as a forum for discussing Department policies and practices which is the activity of the state of the state of the state.

There is no outside promoter involved in any aspect of the publishing of the *GENDARME*. We do no telephone soliciting. Advertising within the newspaper is sold by account executives who are employees of the SLPOA.

The **GENDARME** has a four-fold purpose of publication:

1) Informing the membership of what's happening in the Department and the

only to the police officer, but to the Department in general, and 4) Acting as a forum for Association members on issues **NOT** usually acted upon by the SLPOA Executive Board or the Department.

which, in the opinion of the Association's Executive Board, are detrimental not

# St. Louis Metropolitan Police Department's 25th Memorial Breakfast

St. Louis Metropolitan Police Department's Twenty-fifth Memorial Breakfast was held at the America's Center on Monday, May 9, 2011.

The ceremony began with the Posting of Colors by the St. Louis Metropolitan Police Honor Guard. The National Anthem was sung by The Lester Family followed by Archbishop Robert J. Carlson, Archdiocese of St. Louis giving the Invocation.

There was the recognition of Widows and Family Members of Slain Officers followed

by a Tribute to Fallen Officers before the breakfast. Following the breakfast, Chief of Police Colonel Daniel Isom welcomed everyone who had come to pay tribute to Our

Fallen Police Officers Mayor Francis G. Slay addressed those that had come to pay their respects to our Fallen Officers.

Attorney General of the State of Missouri Chris Koster was the Keynote speaker. Attorney General Koster paid tribute to families, friends and the Officers who have given their lives in service of their community. Like everyone

**Mayor Francis Slay** else attending the breakfast, he wanted to give his respect to the families.

After Attorney General Koster's address the Roll Call of Slain Officers was read. Officer Daryl Hall who died in an

off-duty incident in 2011received special mention and there was an extended tribute for Officer David Haynes.

The Archbishop Robert J. Carlson gave the Benediction before the St. Louis Metropolitan Police Honor Guard played Taps. The program ended with St. Louis County Police Pipes and Drums leading the Recessional.



Attorney General Chris Koster





**Colonel Daniel Isom** 











In Memory of the 163 **Police Officers Who** Have Given Their Lives In the Line of Duty 1861 - **201**1

# St. Louis Police Officers' Association Filing Dates For Office

The St. Louis Police Officers' Association office will accept applications from candidates for the next election starting on Monday, August 1, through, Friday, August 5, 8:00 A.M. – 5:00 P.M. The election itself will be held September 1 through September 15. Any active member of the Association not above the rank of Sergeant, who has been in good standing continually for the period of one (1) year next preceding the date of filing for elective office, may become a candidate for an elective office. Such candidacy must be declared by filing a petition of candidacy in the office of the Association.

# At-Large Officers to be elected **PRESIDENT FINANCIAL SECRETARY SERGEANT-AT-ARMS**

### **REQUIREMENTS FOR AT-LARGE OFFICERS**

The petitions of candidacy for At-Large Offices of President, Financial Secretary and Sergeant-At-Arms must bear the signature of ten (10) seconds from Association members in good standing. Applications must be returned to the Association office by 5:00 p.m. Friday, August Fifth (5th). No active member can second two petitions for the same office.

### **District Representatives**

### <u>1st</u> - <u>3rd</u> - <u>5th</u> - <u>7th</u> - <u>9th</u> - <u>11th</u> - <u>12th</u> (1-year term) - <u>13th</u>

**Division 11 includes:** Board of Police Commissioners • Office of the Chief of Police • Command Post • Intelligence • ATF•DEA Clayton • DEA Airport • DEA Diversion • FBI Task Force • Operational Planning • Asset Forfeiture • Planning & Tech • Public Affairs/Info • Legal • Human Resources • Office of Asst. Chief • Special Assignments • Clean City Initiative • Gov. Detail • Circuit Attorney Office • Mayor's Detail's • Problem Properties • Bureau of Professional Standards • Internal Affairs • Academy • Special Services • Private Security • Bureau of Auxiliary Services • Grants • MCSAP Grant • Narcotics Control Asst. • Public Transportation • Prisoner Processing

**Division Twelve includes:** All Association members assigned to the Deputy Chief North Patrol, North Patrol Detective Bureau, North Patrol Desk/Holdover, Deputy Chief Central Patrol, Central Patrol Detective Bureau, Central Patrol Desk/Holdover, Deputy Chief South Patrol, South Patrol Detective Bureau, and the South Patrol Desk/Holdover.

**Division 13 includes:** Bureau of Patrol Support • Traffic safety • Mounted Patrol • Aviation Unit • Canine Unit • Mobile Reserve • Housing Authority

### **REQUIREMENTS FOR DISTRICT REPRESENTATIVES**

The petitions of candidacy for District Representatives must contain the signature of five (5) seconds from Association members in good standing. Applications must be returned to the Association office by 5:00 p.m. Friday, August Fifth (5th). No active member can second two petitions for the same office.

### PETITIONS OF CANDIDACY

Petitions of candidacy are available at the Association office, 3710 Hampton Ave. Order of each candidates name on the ballot for a particular office shall be the order in which each candidate filed his or her petition of candidacy.

### Open Weekdays only - Monday thru Friday 8:00 a.m. - 5:00 p.m.



Dated Material



St. Louis Police Officers' Association, Fraternal Order of Police - Lodge 68 3710 Hampton Avenue • St. Louis, Missouri 63109



SLPOA email: slpoa@sbcglobal.net

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